



AVINYA
INTERNATIONAL SCHOOL

INSPIRING
PURPOSE

OCTOBER

GRADE - PP1B

MESSAGE FROM THE **HEAD OF SCHOOL**

Dear Parents!

Greetings from Avinya International School!

September has been a month filled with celebration, creativity, gratitude, and meaningful learning at Avinya. As we moved through the month, our children had many opportunities to celebrate traditions, appreciate the people around them, express themselves creatively, and learn from our wider community.

We began the month with the celebrations of **Janmashtami** and **Teachers' Day**. Our students reflected on the important role teachers play in our lives and expressed their appreciation through heartfelt messages, songs, and dance. Their performances reminded us that teaching is not only about sharing knowledge, but also about nurturing relationships, inspiring curiosity, and guiding young minds.

The spirit of celebration continued with **Ganesh Chaturthi**. Our students made Ganesha idols using clay at school and took their creations home to celebrate the festival with their families. The experience allowed them to connect creativity with culture and tradition.

We also celebrated **International Literacy Day** around the theme, "**Education for People, the Planet and Prosperity**." The day encouraged our students to think about literacy as much more than the ability to read and write—it is a powerful tool that enables people to understand the world, communicate with others, make choices, and contribute meaningfully to their communities.



As part of this celebration, students from Grades 3 and 4 had a special session with our ancillary staff, who shared their experiences and supported the children in developing their ability to communicate in English. It was a warm and meaningful opportunity for our students to learn from and connect with members of our school community.

The **International Dot Day** celebration brought out the artist and creator in every child. Inspired by the message of "**Make Your Mark**," students explored the importance of creativity, individual expression, courage, and the willingness to begin.



MESSAGE FROM THE **HEAD OF SCHOOL**

Through activities such as creating drawings within a dot, joining dots to create imaginative forms, and writing stories and poems inspired by dots, our students discovered that even the smallest mark can become the beginning of something meaningful.

World Gratitude Day was especially significant for us, as gratitude is one of our core values at Avinya. Students took time to think about the people who make a difference in their lives and expressed their appreciation through cards, letters, and heartfelt messages. Our teachers also joined in by sharing thank-you messages with people they were grateful to. These simple acts reminded us that gratitude strengthens relationships, builds empathy, and helps us recognise the many people who contribute to our lives each day.

The wellbeing of our students remains an important part of our commitment to holistic education. As part of this, we organised an ENT health check-up for our students with the medical team from Continental Hospital. We are grateful to the doctors and medical professionals for their time, care, and support in helping us nurture healthy and confident learners.

Our students also made us proud through their participation in sport. Our **Girls' Basketball Team**, comprising students from Grades 3 and 4, participated in the Hyderabad PYP Network Basketball Championship for the first time and advanced to the semi-finals. This was a wonderful achievement for our young athletes and a reflection of their dedication, teamwork, perseverance, and sporting spirit. We congratulate our girls on this achievement and celebrate their confidence and enthusiasm both on and off the court.

As Avinya International School continues to grow, we are delighted to see our academic and sporting programmes expanding alongside our community. Our children are exploring new areas of interest, developing their talents, and embracing opportunities to learn, participate, and excel.

Our students' performance in gymnastics has been particularly motivating. With an increasing number of students taking up the sport, we are pleased to welcome **Mr. V. Pavan Kumar** as our **Gymnastics Coach**. His appointment will enable us to provide more personalised coaching, focused guidance, and structured learning opportunities for our young gymnasts. We look forward to seeing our students continue to develop their confidence, discipline, and passion for the sport.



MESSAGE FROM THE **HEAD OF SCHOOL**

We are equally delighted to strengthen our academic leadership with the addition of **Ms. Sushmita Mishra**, who joins us as our **Associate Middle Years Coordinator** and **Science Teacher**. Ms. Sushmita brings with her rich IB experience and expertise. She is an IB MYP Examiner for Biology and the Personal Project, as well as an IB Workshop Leader for MYP and DP. Her experience and commitment to the IB philosophy will add great value to our growing academic community and support us as we continue to strengthen our Middle Years journey.

As we approach Dussehra, a festival that reminds us of the triumph of good over adversity, we take a moment to reflect on the values that guide us—kindness, courage, empathy, gratitude, and the willingness to make a positive difference.

I would like to extend my heartfelt appreciation to our students, teachers, support staff, parents, and every member of the Avinya community for making September 2026 such a vibrant and meaningful month. Each celebration, interaction, and learning experience has added another thread to the rich tapestry of our school community.

Wishing our entire Avinya family a joyful, peaceful, and blessed Dussehra. May the festive season bring happiness, togetherness, and renewed hope to every home.

Warm wishes,

Anjalika Sharma

Head of School

Avinya International School



LEARNING AND TEACHING - SEPTEMBER

TRANSDISCIPLINARY THEME

Who we are

CENTRAL IDEA

Choices people make affect their health and well-being.

LINES OF INQUIRY

- Types of choices
- Impact of choices
- Ways to make safe and healthy choices

SPECIFIED CONCEPTS

Form, causation, responsibility



LEARNING AND TEACHING - SEPTEMBER

UNIT OF INQUIRY

The students began the unit with the first line of inquiry: the different types of choices they make in their daily lives, including food choices, subject choices, choices about how they behave with others, and choices related to activities and artistic expression. This discussion helped them realise that choices are not limited to one part of life, but shape many aspects of who they are and how they spend their day. This naturally led to the second line of inquiry: the impact these choices have on them. The students began to understand that choices are never neutral; good choices tend to bring about good outcomes, while poor choices often lead to less desirable ones. This deepened into the third line of inquiry: whether the choices they make are safe and healthy. The students recognised that many of their choices, especially around food and activity, also affect their health and well-being, encouraging them to reflect more thoughtfully on their everyday decisions and their impact on their bodies. Alongside this, the students began exploring how they feel each day and why, turning their attention to their emotional and mental health alongside their physical health. This helped them understand that well-being is not just about the body, but also about the mind and heart, and that both are shaped by the choices they make.

TRANSDISCIPLINARY LANGUAGE

The students continued to make transdisciplinary connections through their language learning by exploring the letters M, R, D, and E in connection with their Unit of Inquiry. They learned the jingles for each letter, explored objects associated with each sound, and strengthened their letter-sound recognition while building their vocabulary. The students reinforced blending words through the “at” and “ap” word families. This learning experience supported their early reading skills and built confidence in recognizing and blending sounds.



LEARNING AND TEACHING - SEPTEMBER

TRANSDISCIPLINARY MATH

The students continued their journey with quantification by extending their knowledge to double-digit numbers. To build confidence in writing, they first practiced tracing over dotted numerals before gradually progressing to writing the numbers independently. Alongside this, they began exploring missing numbers. They made a transdisciplinary connection using a pictograph. Number recognition was also reinforced throughout, helping students identify and name numbers with growing confidence and accuracy.

MUSIC

The students continued practicing the Solfège scale and simple rhythm patterns while learning new songs. They also identified and explored the unique sounds of different musical instruments through listening and interactive activities.

DRAMA

The students explored how to use facial expressions and body movements to show different feelings and characters. They practiced action and reaction through simple drama learning activities. The students shared their expressions with the audience, developing an understanding of how performers connect with their audience.

DANCE

The students explored different dance props and discovered how to use them to make movement more expressive and engaging. They experimented with simple props and used them creatively while practicing a dance routine, building coordination, confidence, and body awareness.



LEARNING AND TEACHING - SEPTEMBER

ART

The students explored different types of lines, including straight, curved, zigzag, wavy, and dotted lines, using a variety of art materials. Through these learning experiences, they identified the different lines and noticed how they vary in shape and appearance.

PHYSICAL EDUCATION (PE)

Students learned and practiced basic jumping movements, including jumping on the spot, jumping in different shapes, split jumps, and jumping with objects. They focused on developing coordination, balance, body control, and proper jumping techniques through a variety of activities. Additionally, students completed a task sheet on jogging and running to reinforce their understanding of the skills and movements learned during the lessons.

SOCIAL-EMOTIONAL LEARNING (SEL)

Students explored emotions, self-control, and positive choices. They learned to identify their feelings and understand how their actions could affect themselves and others. Through stories, games, role-play, and calming learning engagements, the students practiced pausing before acting, waiting patiently, sharing, taking turns, and making safe, kind, and respectful choices.



LEARNING AND TEACHING- MONTH REVIEW



LEARNING AND TEACHING - OCTOBER

TRANSDISCIPLINARY THEME

Who we are

CENTRAL IDEA

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LINES OF INQUIRY

- Types of choices
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SPECIFIED CONCEPTS

Form, causation, responsibility



LEARNING AND TEACHING - OCTOBER

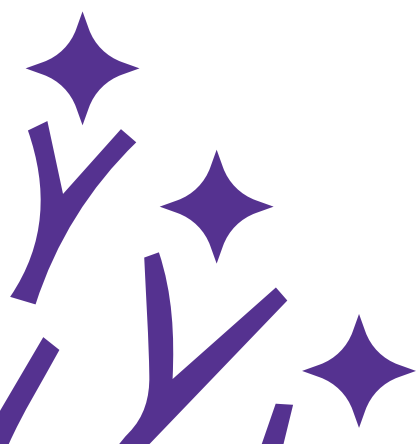
UNIT OF INQUIRY

The unit will draw to a close as students reflect on what they have learned about choices throughout their inquiry. As part of this reflection, they will take an active role in co-constructing the end-of-unit assessment task, along with the assessment tool and criteria, giving them ownership of how they will demonstrate and evaluate their learning. Through this process, students will also understand the distinction between health and well-being, recognizing that while the two are closely connected, they are not the same. This understanding will reinforce the idea that they have a responsibility to care for themselves, both physically and emotionally, as informed, thoughtful individuals.

TRANSDISCIPLINARY LANGUAGE

The students will continue developing their language skills by learning the third group of Jolly Phonics. They will explore singular and plural, using them in everyday conversations to build their vocabulary.

The students will also participate in story sessions to strengthen their listening skills, imagination, and enjoyment of language. They will begin exploring action words while continuing to practice blending sounds as they develop their early reading skills.



LEARNING AND TEACHING - OCTOBER

TRANSDISCIPLINARY MATH

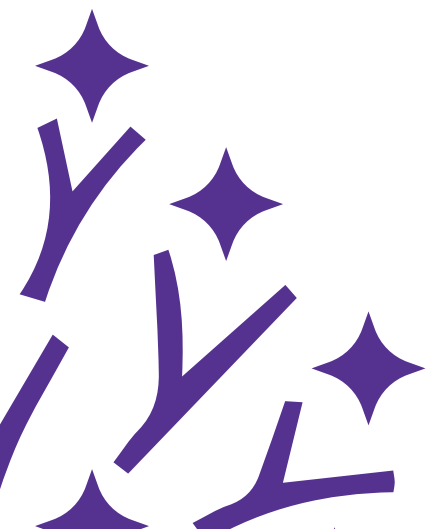
Students can connect their learning to sorting and grouping healthy and unhealthy choices. They will continue developing their counting skills by counting familiar objects from everyday life. They will also extend their knowledge of numbers. The students will also be introduced to place value as an early foundation for understanding numbers. They will explore pictographs and human graphs to represent and interpret information in simple, meaningful ways.

DANCE

Students will learn appropriate behaviors as both performers and audience members. They will practice listening, watching attentively, showing appreciation, and responding respectfully to performances. They will also continue learning different routines while developing their movement vocabulary.

DRAMA

The students will explore storytelling through puppetry. The students will understand emotions through voice by exploring tone, pitch, and projection. Then, students will interact with puppets to understand a character's feelings and develop social and emotional skills through stories. The students will also explore finger puppets for storytelling and retelling.



LEARNING AND TEACHING - OCTOBER

MUSIC

The students will recognize and identify the sounds of different musical instruments through listening and interactive activities. They will also participate in vocal exercises to develop their pitch, voice control, and singing skills.

ART

The students will be introduced to basic 2D shapes, including circles, squares, triangles, and rectangles, through engaging learning experiences such as collage-making and object matching. They will use these shapes to create original drawings and creative compositions. Through these experiences, the students will observe their surroundings and identify shapes and simple patterns in everyday objects.



LEARNING AND TEACHING - OCTOBER

PHYSICAL EDUCATION (PE)

Students will learn and practice basic hopping movements, including single-leg hopping, hopping in straight and zigzag pathways, and hopping with objects. They will focus on developing balance, coordination, body control, and proper hopping techniques through a variety of learning engagements. Additionally, students will complete a task sheet and assessment on jumping to reinforce and demonstrate their understanding of the skills, techniques, and movements learned.

SOCIAL-EMOTIONAL LEARNING (SEL)

The students will explore the theme of Emotions and develop an understanding of different feelings through age-appropriate stories, emotion cards, mirror activities, movement games, sorting tasks, role plays, and creative expression. They will learn to identify and name emotions such as happy, sad, angry, and scared, recognize emotions through facial expressions and body language, and understand that everyone may experience feelings differently. Through an emotion thermometer, calming strategies, trusted-adult role plays, "I feel..." sentence practice, and a personal Feelings Toolkit, the students will practice expressing their feelings, communicating their needs, managing strong emotions, and asking for help when needed.



IMPORTANT DATES

02-10-26 Friday	Gandhi Jayanti Holiday
05-10-26 to 08-10-2026	Mental Health Week
09-10-26	Bathukamma Holiday
14-10-26 to 21-10-26	Dussehra Break
24-10-26	United nations Day
27-10-25	Dental Checkup

Our website: <https://avinyainternational.com/>

Instagram - https://www.instagram.com/avinya_school/

LinkedIn - <https://www.linkedin.com/company/avinya-international-school/>

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