



AVINYA
INTERNATIONAL SCHOOL

INSPIRING
PURPOSE

OCTOBER

GRADE - PP1 A

MESSAGE FROM THE **HEAD OF SCHOOL**

Dear Parents!

Greetings from Avinya International School!

September has been a month filled with celebration, creativity, gratitude, and meaningful learning at Avinya. As we moved through the month, our children had many opportunities to celebrate traditions, appreciate the people around them, express themselves creatively, and learn from our wider community.

We began the month with the celebrations of **Janmashtami** and **Teachers' Day**. Our students reflected on the important role teachers play in our lives and expressed their appreciation through heartfelt messages, songs, and dance. Their performances reminded us that teaching is not only about sharing knowledge, but also about nurturing relationships, inspiring curiosity, and guiding young minds.

The spirit of celebration continued with **Ganesh Chaturthi**. Our students made Ganesha idols using clay at school and took their creations home to celebrate the festival with their families. The experience allowed them to connect creativity with culture and tradition.

We also celebrated **International Literacy Day** around the theme, "**Education for People, the Planet and Prosperity**." The day encouraged our students to think about literacy as much more than the ability to read and write—it is a powerful tool that enables people to understand the world, communicate with others, make choices, and contribute meaningfully to their communities.



As part of this celebration, students from Grades 3 and 4 had a special session with our ancillary staff, who shared their experiences and supported the children in developing their ability to communicate in English. It was a warm and meaningful opportunity for our students to learn from and connect with members of our school community.

The **International Dot Day** celebration brought out the artist and creator in every child. Inspired by the message of "**Make Your Mark**," students explored the importance of creativity, individual expression, courage, and the willingness to begin.



MESSAGE FROM THE **HEAD OF SCHOOL**

Through activities such as creating drawings within a dot, joining dots to create imaginative forms, and writing stories and poems inspired by dots, our students discovered that even the smallest mark can become the beginning of something meaningful.

World Gratitude Day was especially significant for us, as gratitude is one of our core values at Avinya. Students took time to think about the people who make a difference in their lives and expressed their appreciation through cards, letters, and heartfelt messages. Our teachers also joined in by sharing thank-you messages with people they were grateful to. These simple acts reminded us that gratitude strengthens relationships, builds empathy, and helps us recognise the many people who contribute to our lives each day.

The wellbeing of our students remains an important part of our commitment to holistic education. As part of this, we organised an ENT health check-up for our students with the medical team from Continental Hospital. We are grateful to the doctors and medical professionals for their time, care, and support in helping us nurture healthy and confident learners.

Our students also made us proud through their participation in sport. Our **Girls' Basketball Team**, comprising students from Grades 3 and 4, participated in the Hyderabad PYP Network Basketball Championship for the first time and advanced to the semi-finals. This was a wonderful achievement for our young athletes and a reflection of their dedication, teamwork, perseverance, and sporting spirit. We congratulate our girls on this achievement and celebrate their confidence and enthusiasm both on and off the court.

As Avinya International School continues to grow, we are delighted to see our academic and sporting programmes expanding alongside our community. Our children are exploring new areas of interest, developing their talents, and embracing opportunities to learn, participate, and excel.

Our students' performance in gymnastics has been particularly motivating. With an increasing number of students taking up the sport, we are pleased to welcome **Mr. V. Pavan Kumar** as our **Gymnastics Coach**. His appointment will enable us to provide more personalised coaching, focused guidance, and structured learning opportunities for our young gymnasts. We look forward to seeing our students continue to develop their skills, confidence, discipline, and passion for the sport.

MESSAGE FROM THE **HEAD OF SCHOOL**

We are equally delighted to strengthen our academic leadership with the addition of **Ms. Sushmita Mishra**, who joins us as our **Associate Middle Years Coordinator** and **Science Teacher**. Ms. Sushmita brings with her rich IB experience and expertise. She is an IB MYP Examiner for Biology and the Personal Project, as well as an IB Workshop Leader for MYP and DP. Her experience and commitment to the IB philosophy will add great value to our growing academic community and support us as we continue to strengthen our Middle Years journey.

As we approach Dussehra, a festival that reminds us of the triumph of good over adversity, we take a moment to reflect on the values that guide us—kindness, courage, empathy, gratitude, and the willingness to make a positive difference.

I would like to extend my heartfelt appreciation to our students, teachers, support staff, parents, and every member of the Avinya community for making September 2026 such a vibrant and meaningful month. Each celebration, interaction, and learning experience has added another thread to the rich tapestry of our school community.

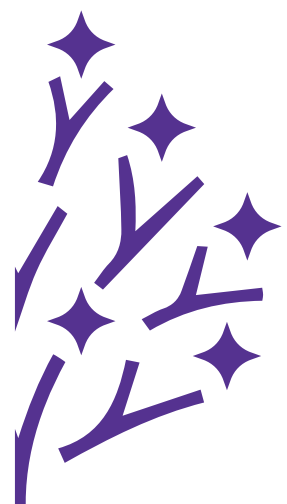
Wishing our entire Avinya family a joyful, peaceful, and blessed Dussehra. May the festive season bring happiness, togetherness, and renewed hope to every home.

Warm wishes,

Anjalika Sharma

Head of School

Avinya International School



LEARNING AND TEACHING - SEPTEMBER

TRANSDISCIPLINARY THEME

Who we are

CENTRAL IDEA

Choices people make affect their health and well-being.

LINES OF INQUIRY

- Types of choices
- Impact of choices
- Ways to make safe and healthy choices

Specified Concepts

Form, causation, responsibility



LEARNING AND TEACHING - SEPTEMBER

UNIT OF INQUIRY

We started our new Unit of Inquiry under the transdisciplinary theme "Who We Are," with the central idea "Choices people make affect their health and well-being."

We began our first Line of Inquiry – Types of Choices by exploring the meaning of choice through classroom stations, stories, discussions, and real-life situations. Students explored the different choices they make at school and at home and shared why they made them. Moving on to our second Line of Inquiry – Impact of Choices, students explored how different choices can lead to different outcomes. Through stories such as "The Ant and the Grasshopper," "The Very Hungry Caterpillar," and "Goldilocks and the Three Bears," students discussed healthy, safe, respectful, and responsible choices. They reflected on how their choices can affect themselves and others. For our third Line of Inquiry – Ways to Make Safe and Healthy Choices, students explored how they can make choices that support their health, safety, and well-being. Through Pepper stories, students identified and discussed safe and unsafe choices in different everyday situations. They also explored healthy and unhealthy food choices, personal safety, responsible behavior, and ways of caring for themselves and others through picture sorting and guided discussions.

TRANSDISCIPLINARY LANGUAGE

The students continued developing their early literacy skills through learning experiences connected to the Choices unit. They explored Jolly Phonics Set 2 sounds through songs, rhymes, actions, and multisensory activities, making connections to vocabulary related to healthy, safe, and responsible choices. The students practiced blending two- and three-letter words and strengthened their phonemic awareness by identifying and producing sounds in familiar words. They also continued practicing picture talk, where they observed pictures, identified objects and actions, and shared their ideas using simple sentences.

The students revisited opposites through familiar examples and connected them to everyday choices. They also engaged in prediction activities, observing pictures or story situations and sharing what they thought might happen next. The students continued developing their writing skills by practicing correct letter formation and strengthening their control and confidence while writing. We conducted an ongoing assessment of Jolly Phonics Set 2 to observe students' ability to identify letters, produce their corresponding sounds, perform the related actions, and connect the sounds with familiar objects or pictures. Through these learning experiences, students strengthened their phonics, phonemic awareness, vocabulary, speaking, listening, and early writing skills.

LEARNING AND TEACHING - SEPTEMBER

TRANSDISCIPLINARY MATH:

The students developed their mathematical understanding through learning experiences connected to Who We Are – Choices. They strengthened their pre-math concepts and practiced mathematical skills through daily routines, including counting, recognizing numbers, comparing, and sequencing.

The students revisited numbers 1 to 9 through identification, quantification, and number formation.

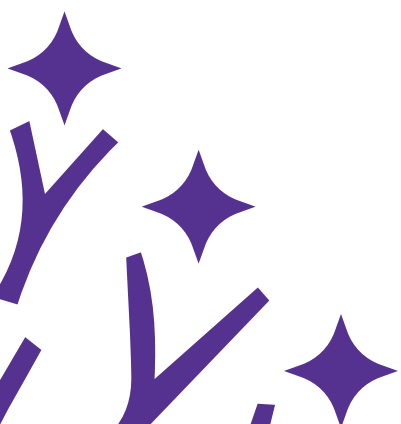
They were introduced to zero and explored more and less, missing numbers, patterns, and sorting through meaningful activities. Students also represented and interpreted data through a pictograph on favorite foods and practiced using tally marks. These learning experiences helped students apply mathematical concepts to familiar situations and make meaningful connections with their daily choices.

MUSIC

The students continued practicing the Solfège scale and simple rhythm patterns while learning new songs. They also identified and explored the unique sounds of different musical instruments through listening and interactive activities.

DRAMA

The students continued to explore how facial expressions can communicate different feelings and emotions. They learned how to use their eyes and mouth to create expressions that show how they feel. The students connected these expressions to familiar situations from their daily lives.



LEARNING AND TEACHING - SEPTEMBER

DANCE

The students explored different dance props and discovered how to use them to make movement more expressive and engaging. They experimented with simple props and learned to use them creatively while practicing a dance routine, developing coordination, confidence, and body awareness.

ART

The students explored different types of lines, including straight, curved, zigzag, wavy, and dotted lines, using a variety of art materials. Through these learning experiences, they identified the different lines and noticed how they vary in shape and appearance.

PHYSICAL EDUCATION (PE)

Students learned and practiced basic jumping movements, including jumping on the spot, jumping in different shapes, split jumps, and jumping with objects. They focused on developing coordination, balance, body control, and proper jumping techniques through a variety of activities. Additionally, students completed a task sheet on jogging and running to reinforce their understanding of the skills and movements learned during the lessons.

SOCIAL-EMOTIONAL LEARNING (SEL)

Students explored emotions, self-control, and positive choices. They learned to identify their feelings and understand how their actions could affect themselves and others. Through stories, games, role-play, and calming learning engagements, the students practiced pausing before acting, waiting patiently, sharing, taking turns, and making safe, kind, and respectful choices.



LEARNING AND TEACHING- MONTH REVIEW



LEARNING AND TEACHING - OCTOBER

TRANSDISCIPLINARY THEME

Who we are

CENTRAL IDEA

Choices people make affect their health and well-being.

LINES OF INQUIRY

- Types of choices
- Impact of choices
- Ways to make safe and healthy choices

SPECIFIED CONCEPTS

Form, causation, responsibility



LEARNING AND TEACHING - OCTOBER

UNIT OF INQUIRY:

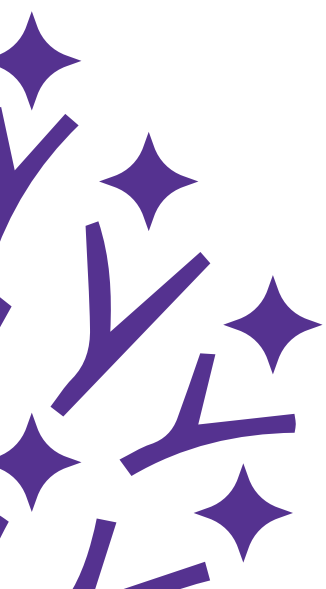
Students will continue with the unit discussions for the second and third Lines of Inquiry – Impact of Choices and Ways to Make Safe and Healthy Choices. They will explore the difference between being healthy and having a sense of well-being through guided discussions and real-life examples. Students will reflect on how healthy habits and safe choices can contribute to their overall well-being.

An ongoing assessment will also be conducted for the first Line of Inquiry – Types of Choices to check students' understanding of different types of choices and their ability to identify and explain the choices they make in everyday situations.

TRANSDISCIPLINARY LANGUAGE

The students will strengthen their early literacy skills through learning experiences connected to Who We Are – Choices. Through picture talks, poems, rhymes, songs, and prediction activities, they will build their vocabulary and strengthen their listening and speaking skills. They will explore Jolly Phonics Set 2 and will be introduced to Set 3 sounds, making connections to healthy, safe, and responsible choices.

The students will continue practicing opposites, blending two- and three-letter words, picture talk, and correct letter formation.



LEARNING AND TEACHING - OCTOBER

TRANSDISCIPLINARY MATH

The students will strengthen their mathematical understanding through learning experiences connected to Who We Are – Choices. They will develop pre-math concepts through daily routines, including counting, number recognition, comparison, sequencing, and quantification.

They will continue to learn numbers up to 30 using the concept of tens and ones through place value activities. They will also explore more and less, missing numbers, patterns, sorting, pictographs, and tally marks.

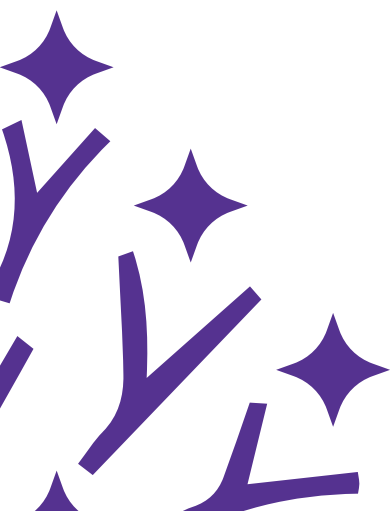
Ongoing assessment will observe students' understanding of quantification and tally marks and their ability to apply these concepts independently.

DANCE

Students will learn appropriate behaviors as both performers and audience members. They will practice listening, watching attentively, showing appreciation, and responding respectfully to performances. They will also continue learning different routines while developing their movement vocabulary.

DRAMA

The students will explore storytelling through puppetry. The students will understand emotions through voice by exploring tone, pitch, and projection. Then, students will interact with puppets to understand a character's feelings and develop social and emotional skills through stories. The students will also explore finger puppets for storytelling and retelling.



MUSIC

The students will recognize and identify the sounds of different musical instruments through listening and interactive activities. They will also participate in vocal exercises to develop their pitch, voice control, and singing skills.

ART

The students will be introduced to basic 2D shapes, including circles, squares, triangles, and rectangles, through engaging learning experiences such as collage-making and object matching. They will use these shapes to create original drawings and creative compositions. Through these experiences, the students will observe their surroundings and identify shapes and simple patterns in everyday objects.

PHYSICAL EDUCATION (PE)

Students will learn and practice basic hopping movements, including single-leg hopping, hopping in straight and zigzag pathways, and hopping with objects. They will develop balance, coordination, body control, and proper hopping techniques through a variety of learning activities. Additionally, students will complete a task sheet and assessment on jumping to reinforce and demonstrate their understanding of the skills, techniques, and movements learned.

SOCIAL-EMOTIONAL LEARNING (SEL)

The students will explore the theme of Emotions and develop an understanding of different feelings through age-appropriate stories, emotion cards, mirror activities, movement games, sorting tasks, role-plays, and creative expression. They will learn to identify and name emotions such as happy, sad, angry, and scared, recognize emotions through facial expressions and body language, and understand that everyone may experience feelings differently. Through an emotion thermometer, calming strategies, trusted-adult role plays, "I feel..." sentence practice, and a personal Feelings Toolkit, the students will practice expressing their feelings, communicating their needs, managing strong emotions, and asking for help when needed.



IMPORTANT DATES

02-10-26 Friday	Gandhi Jayanti Holiday
05-10-26 to 08-10-2026	Mental Health Week
09-10-26	Bathukamma Holiday
14-10-26 to 21-10-26	Dussehra Break
24-10-26	United nations Day
27-10-25	Dental Checkup

Our website: <https://avinyainternational.com/>

Instagram - https://www.instagram.com/avinya_school/

LinkedIn - <https://www.linkedin.com/company/avinya-international-school/>

Facebook - <https://www.facebook.com/avinyainternationalschool>

Contact Numbers: +91-9100054800 / +91-9070070200

